

COMMENTS FROM GRACE FALL RETREAT

The Grace Women's Retreat was a great time to slow down, reflect, and work on the patterns in our lives. The group did amazing sharing. It was a very renewing experience and helpful for my own spiritual journey. Rev Ann Whitfield led us using the bible, art, music, worship and our own stories to explore Jesus Christ in our lives. Peace, - Margie Turner

I am so thankful for the Retreat in the mountains with 12 wonderful women. Thanks Rev Ann for the most peaceful insightful 3 days. You are an amazing leader. We were all so blessed to come together with you to learn, feel and love. I look forward to our next retreat. How you managed that rainbow I'll never know!!!! - Denise Merrick

Our First Grace in the Desert ECW Woman's Retreat was totally awesome! We had such a wonderful time eating and greeting, working art and dance into prayer and having deep theological discussions.. The weather was perfect, the location serene and quiet, The private home was lovely. I couldn't have asked for anything better. Thank you all for your part in making this a weekend to remember. Let's do it again. - Barbara Schafer

Special thanks for this time of renewal! Location was spectacular. God's creation does not fail to uplift. We received sunshine, rain - a Rainbow - What promise, appearing right at the end of our Eucharist. A time to learn, a time to share, a time to reflect and a time to play, in community. (Did I forget, a time to EAT!) Looking forward to the 2nd annual retreat down the road. - Jeanne Smallwood

The weekend gave me a real sense of renewal after being away so much this summer. It made me really think about the patterns in my own life and how many of them I would like to change and make more productive and rewarding. All in all, I am extremely glad I went. The leader of the retreat is tops in my estimation, and I sincerely hope she will lead another weekend in the near future!
- The Rev. Deacon Barbara Preas

When 12 women can spend a weekend together to pray, discuss, explore emotions, eat, laugh, sleep, and drink wine together--and still be talking to each other at the end of the weekend--what's not to like? The house was beautiful, the view spectacular, and the insights gained profound. Thank you Rev. Ann for your leadership and caring spirituality. - Angela Anderson

Still Dancing - Lisa Murphy

SURRENDER – Susan Cooper

You go before me

Leading my way as I retreat from daily rituals

To the terracotta, green and white cliffs adorned with your creation,
Amongst old and new friends, we walk the path of our Lord together

Letting go of the tasks in our small universe

Hastened by the power of the Holy Spirit, palatable among us.

From our depths you reveal our inner most thoughts and lift us.

We dance, we sing, we praise your Holy Name in nature and fellowship
You have pierced my heart with love; my cup overflows with gratitude.

At your table I am filled with the water of life and sinew of your soul.

The emergence of the Holy Spirit through the sacrifice of our Lord and Savior Jesus Christ

Brings hope, faith and promise, if we but hold to your enduring love

In surrender, I needn't retreat to hold those precious moments in my heart.

Our Zion Ridge Retreat...Thoughts – Julie Bell

A time to reflect and gain insight
A time to share in a safe place
A time to receive a gift of friendship
A time to dance
A time to pray
A time to see beauty
A time to eat, drink and be merry...

Be still...
Listen...
Pray...
Share...
Laugh...
Sing...
Dance...

Gather with others and enjoy. A wonderful event as seen through my eyes - thanks for the memories.